

Bonsty-XL Capsule

www.greencrossindia.com

Composition: Hadsakhal (Vitis Quadrangularis) 500mg – (Hadjod)

Accelerates fracture healing & increases bone strength

Hadsakhal - Hadjod (Winged Treebine/ Vitis Quadrangularis) is translated as '(the one) that unites broken bones' in Hindi, while its Sanskrit name, *asthisamharaka*, literally means 'protecting bones from destruction'. The plant, which grows in abundance in India, is credited with potent fracture healing properties in Ayurveda.

Active constituents:

Hadjod contains triterpenoids, β -sitosterol, quadrangularins A, B and C, and calcium, which influence quick regeneration of connective tissues around the broken bones.

Herb functions:

(1) Accelerates fracture healing: Hadjod ensures early ossification (bone formation) and fortifies bone tensile strength, which accelerate fracture healing.

(2) Increases bone mineral density: Hadjod increases bone mineral density by stimulating bone metabolism and increasing the uptake of minerals calcium, phosphorus, sulfur, and strontium by osteoblasts (bone-forming cells). The action is also helpful in preventing osteoporosis-related fractures.

(3) Relieves pain and inflammation: It relieves pain and inflammation associated with fractures.

Indications:

- Fractures
- Delayed union of fractures
- Osteoporosis-induced fractures
- Stress fractures

Contraindications:

None – not known

Recommended dose:

One capsules, twice a day or as directed by your physician

PACKAGING INFORMATION

Bonsty-XL Capsule Alu-ALu pack of 10 Capsule (3 * 10 Box Pack)

Note: Pure Herbs are in capsule form, some children below 14 years may find it difficult to swallow them. For this reason, Pure Herbs are recommended for children ages 14 and above. – In case Of Pregnancy not to be use.

The information on this page is not intended to be a substitute for professional medical advice. Do not use this information to diagnose or treat your problem without consulting your doctor.

